

## How to Swiss Darn (sometimes called Duplicate stitch).

Swiss darning is when you work over your knitted stitches with a different colour as if to work a picture or motif onto your finished piece. When you do this stitch carefully, you can't even tell that the stitches weren't knit in the contrasting colour, if worked correctly it looks like you have knitted a fairisle or intarsia technique.

To Swiss darn, you need a finished piece in stocking stitch, a good tapestry needle and your contrasting yarn of the same weight as the knitted piece.

Thread your needle with the contrasting yarn you wish to work with.

Insert your needle from the wrong-side to the right-side at the base of the first stitch and follow the diagrams, always keep in mind when following a chart that every square represents one stitch.

